



Weekly News

9th October 2022

The Seventeenth Sunday after Trinity

www.stpetersharrogate.org.uk

St Peter's Church, Cambridge Road, Harrogate, HG1 1PB



wellspring
therapy & training



John Wood,
Wellspring Trustee

Today we welcome John Wood, a trustee at Wellspring Therapy & Training, to St Peter's. Wellspring Therapy and Training is a charity based in Starbeck, Harrogate, providing affordable, psychological support to children and adults in distress, and promoting good mental health through education and training. We are a Christian charity, motivated by our belief that every person matters and is loved by God. There is the option of a spiritual element to counselling for those who want it, but we provide our services to all, regardless of background, and to people of any faith or none. During the Covid pandemic, record numbers of children and adults sought NHS help for problems such as anxiety, depression and eating disorders. With so much pressure placed upon the NHS, charities like Wellspring are a vital resource. Last year, over 40% of referrals to Wellspring's counselling services came from NHS teams and local authorities.

Since Wellspring was founded nearly 20 years ago, the charity has grown in response to the increasing demand for mental health support. Currently, our team of counsellors see approximately 110 clients each week. The service we provide would cost clients a minimum of £40 - £50 per session from a private counsellor, but we only ask clients to contribute what they can towards their sessions. Many can only pay a small amount, for example last year, 34% of affordable counselling clients could only pay £5 per session. The support of generous individuals, businesses, churches, and funding organisations helps to bridge this gap for our clients. To find out more, please see our video: www.linktr.ee/wellspringtherapyvideo

John Wood, Trustee of Wellspring Therapy & Training

Men's Breakfast at St Peter's: Saturday 15th October 2022



Beginning with Morning Prayers at 8:00 am for those who wish to take part, and breakfast from 8:30 to 9:00 am, followed by an informal discussion session in The Gallery for perhaps 30 minutes or so. Please text Bryn Heapy on 07561 889076 if you are planning to come or email him at brynsusie@hotmail.com.

Come for lunch next Sunday

The Sunday Lunch Club meets again next Sunday 16th October. It is open to everyone and there's no need to book or bring anything – although any donations towards the cost will be gratefully received! Lunch will be served at 1:00 pm. Please speak to Hannah Beck (07503 186455) or Yvonne Dawes (07960 779381) if you would like to know more.



Come to The Cake Matters Café on Thursday

The Cake Matters Café is on the second Thursday of each month. The next one is this week on Thursday 13th October at 11:30 am after the Holy Communion service. They will be serving hot drinks, light lunches and, of course, cake!

St Peter's Annual Animal Service



Our annual Animal Service is at 4:15 pm on Sunday 23rd October. If you are bringing an animal, it must be under control at all times – either on a lead or in a carrier – and stay with you at your table. Or, if you prefer, just bring a photo of your pet or a toy animal. Please let Chris Clayton know if you are coming (07407 258733 or chris.clayton@leeds.anglican.org).

Harvest Bags – thank you for your generous response!

Thank you so much for your generosity when filling the Harvest Gift Bags, which were so warmly appreciated by those who have received them. The arrangements for taking, bringing back and delivering the bags have run so smoothly. And thank you also to members of the congregation who have kindly delivered all the bags.

Jan Edwards

Many thanks also to Jan and to everyone who organised this Harvest Giving project to help members of St Peter's who are elderly, living alone or in care by sending them these gifts.





Christian Aid Harvest Appeal

It is not too late to make a donation to the *Christian Aid* Harvest Appeal. Envelopes are available at the Welcomer's Desk – please put your envelope in the Donations Box. To find out more or to donate online visit christianaid.org.uk. Thank you!

Fundraising Refreshment Day

There is a St Peter's Fundraising Refreshment Day to raise funds for our Church on Saturday 15th October from 10:00 am until 3:00 pm. They will be serving morning coffee, light lunches and afternoon teas. If you are in town on Saturday, please come and support this fundraising event in Church. Thank you!



Promoting Yorkshire Authors' Book Fair at St Peter's Church



Authors from across Yorkshire will be at St Peter's Church on Saturday 29th October for a Book Fair, with books for children, young adults and adults on sale. The event has been organised by Promoting Yorkshire Authors (PYA), a group which aims to advance the work of authors who have a close connection with Yorkshire. It will be in the Glass Foyer, the Gallery and in the Brostoff Hall from 10:00 am – 4:00 pm.

The Toddler Group at St Peter's star in a Diocese of Leeds video

The weekly Toddler Group that meets here every Thursday morning from 9:30 – 11:00 am has been featured in a newly published video by the Diocese of Leeds. It celebrates how this friendly group not only serves our local community, but also leads some to attend Sunday worship and even get baptised. Watch the video [here](#), or on the St Peter's website, which features both Frances Roxby-Proud, leader of The Toddler Group, and Judith Clark, our Curate, as well as some of the parents and toddlers.



Today's Services: 9th October 2022

The Seventeenth Sunday after Trinity

8:30 Holy Communion

9:30 Family Communion

There is Sunday Club for school age children today - please gather in the café area at the front of Church at the start of the service. Pre-schoolers and their parents are welcome to stay in this area, where there are Activity Bags to share.

Hymns May the peace of the Lord; **646** All I once held dear; **762** Here is bread; **728** Give me oil in my lamp

Readings Luke 4 v 16 - 21
Matthew 25 v 31 - 40

Preacher: John Wood, *Deputy Chair of Trustees of Wellspring Therapy & Training*

11:00 Choral Matins

Setting Howells Te Deum (Collegium Regale)

Hymns 1, 485, 444

Psalm 143

Readings Psalm 84 v 1 - 7
Luke 4 v 16 - 21

Anthem A Gaelic Blessing (*John Rutter*)

Preacher: John Wood, *Deputy Chair of Trustees of Wellspring Therapy & Training*

4:15 pm Stepping Stones Service *Holy Communion*

Preacher: Sam Clayton

6:30 Choral Evensong

Setting The Jesus Service (*Mathias*)

Hymns 395, 458, 530

Psalm 144

Readings Nehemiah 6 v 1 - 16
John 15 v 12 to end

Anthem O how glorious is the kingdom (*Harwood*)

Preacher: Alan Garrow

Our Duty Wardens today are:

Sian Lockwood
and Richard Bion

This week's worship online

We are continuing to live stream the following services on Facebook and Zoom: 9:30 am Family Communion on Sundays (also available on *St Peter's YouTube channel* to watch later); and Morning and Evening Prayer at 8:00 am and 5:00 pm from Monday to Saturday. To join in follow the [links](#) on our website.

Please pray for those who have asked for our prayers:

Pat Anderson, Robert Bickford, Ruth Bowes, Georgia Gabrielle Bradley, Michael Bradley, Margie Dickinson, Tony Edwards, Geni Emrullahu, Louise Emrullahu, Jo Fellows, David Fisher, Vicky Harrison, June Hemmings, Trevor Hughes, Jackie Kelly, Steve Martin, Sheila Pantin, Frances Roxby-Proud and Michelle Simon.

Also in our prayers this week:

Mon	Vulnerable children with safeguarding and welfare needs <i>St Andrew's Evangelical Mission</i> , in Chosica, Peru
Tues	Staff and residents of care homes All those attending the 'Light a Candle with <i>Reflect</i> ' event today
Wed	Local retail, hospitality and leisure businesses The Artizan Café
Thurs	GP surgeries and health centres All attending our Healing Service
Fri	His Majesty, King Charles III The 125 who died in the crush at the football stadium in Indonesia
Sat	All who mourn David Amess MP murdered a year ago today Our homes, families, friends and all whom we love

Daily Readings

Morning Prayer is at 8:00 am and Evening Prayer at 5:00 pm daily. These are the Bible readings we will be using in Church each morning this week. Why not read them at home if you are unable to come to the service?

Mon	<i>Paulinus, Bishop of York, Missionary, 644</i> Psalm 71 1 Kings 21 Acts 21 v 37 – 22 v 21
Tues	<i>Ethelburga, Abbess, 675</i> Psalm 73 1 Kings 22 v 1 - 28 Acts 22 v 22 – 23 v 11
Wed	<i>Wilfrid of Ripon, 709</i> Psalm 77 1 Kings 22 v 29 - 45 Acts 23 v 12 to end
Thurs	Psalm 78 v 1 - 39 2 Kings 1 v 2 - 17 Acts 24 v 1 - 23
Fri	<i>Edward the Confessor, King of England, 1066</i> Psalm 55 2 Kings 2 v 1 - 18 Acts 24 v 24 – 25 v 12
Sat	<i>Teresa of Avila, 1582</i> Psalm 76 2 Kings 4 v 1 - 37 Acts 25 v 13 to end

The Collect for The Seventeenth Sunday after Trinity

(Common Worship)

Gracious God, you call us to fullness of life: deliver us from unbelief and banish our anxieties with the liberating love of Jesus Christ our Lord.

The Collect for The Seventeenth Sunday after Trinity

(Book of Common Prayer)

Lord, we pray thee that thy grace may always prevent and follow us, and make us continually to be given to all good works; through Jesus Christ our Lord.

What's on This Week

*St Peter's Church is open for private prayer from 9:15 am – 1:00 pm
every day except Sundays.*

*This week, 9th – 15th October, is **Baby Loss Awareness Week**.*

Mon 10th	1:30 – 3:00 pm The <i>Thinking about God</i> group in the Undercroft 2:00 pm The U3A Singing Folk group 6:45 pm A <i>Christmas Carol</i> rehearsal
Tues 11th	11:30 am – 1:15 pm <i>Rethink</i> Harrogate Support Group 12:00 – 12:30 pm Healing Service 12:30 – 2:00 pm Wellbeing Choir 12:45 – 2:00 pm Light a Candle with <i>Reflect</i> 6:45 pm A <i>Christmas Carol</i> rehearsal
Wed 12th	10:30 – 11:00 am Café RefleXions 11:30 am – 1:15 pm Harrogate <i>Rethink</i> Support group 2:00 – 4:00 pm <i>Spectrum</i> , a social group for widows and widowers, meet in the Brostoff Hall 7:30 pm Harrogate Harmony Men's Chorus
Thurs 13th	9:30 – 11:00 am The Toddler Group at St Peter's 11:00 am Holy Communion 11:30 am – 1:30 pm The Cake Matters Café 7:30 pm St Peter's Choir Practice
Fri 14th	9:30 am AA meeting in the Music Room 10:00 am – 12:00 pm St Peter's Cleaning Team
Sat 15th	8:00 am Men's Breakfast at St Peter's 10:00 am – 3:00 pm St Peter's Church Fundraising Refreshment Day – enjoy morning coffee, a light lunch or afternoon tea!
Sun 16th	<i>The Eighteenth Sunday after Trinity</i> 1:00 pm Sunday Lunch Club 5:30 – 7:00 pm Sanctuary , our Youth group, are meeting in the Brostoff Hall

Next Sunday 16th October ***The Eighteenth Sunday after*** ***Trinity***

8:30	Holy Communion
9:30	Family Communion
11:00	Choral Matins
4:15	Stepping Stones Service – <i>Crafternoon Church</i>
6:30	Choral Communion

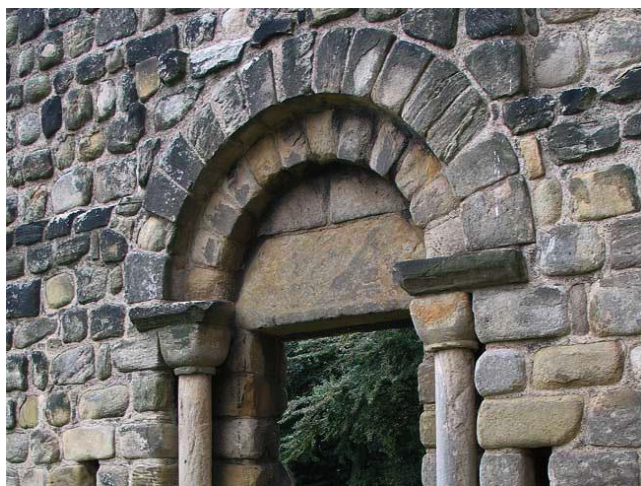
The Breakfast Club provides a free, hot breakfast from Monday to Saturday (8:15 – 8:45 am) for all those who are hungry or in need. A hot **Sunday lunch** is also served each week at 1:00 pm, except for the third Sunday of the month when it is *Sunday Lunch Club*.
Hot food is available 4:30 – 4:50 pm on Mondays, Wednesdays and Fridays.
Our mini Supermarket is on Thursdays 4:30 – 4:50 pm.

***Wilfrid's World* - an Autumn Lecture Series at Ripon Cathedral**

'Wilfrid and Benedict Biscop: revisiting their Gallic connections'

Thursday 13th October, 7:30 – 9:30 pm

The final lecture returns to England and explores Wilfrid's relationship with fellow-Northumbrian Benedict Biscop, who founded the monasteries of Monkwearmouth and Jarrow. Ian Wood, Emeritus Professor at the University of Leeds, focuses on the international nature of their world through his examination of their connections in Gaul. It is a fitting conclusion to our exploration of the richness of 'Wilfrid's World'. Entrance to the



Doorway in the ruins of Jarrow Monastery

Autumn Lecture Series is free but a retiring collection will be taken. Donations to support the work of Ripon Cathedral are greatly appreciated. Refreshments will be served after the lecture. For further details visit www.riponcathedral.org.uk/1350th.

St Peter's Fuel Poverty Grants

If you are experiencing fuel poverty (defined as spending more than 10% of your net income on energy bills) then you are eligible to apply for a St Peter's Fuel Grant of £250. To apply, simply email or write to the Vicar or Associate Vicar with your name, contact details and the date of your application. Please apply by Sunday 30th October at the latest. We will let you know if your application has been successful after this date.

Light a Candle with *Reflect*

**Tuesday
11th October**
between
12:45 – 2:00 pm



*St Mary's
Chapel,
St Peter's
Church,
Harrogate*

Come and join us for an opportunity to drop in and light a candle, write a message and spend as long as you wish remembering a little one lost at any stage of pregnancy or soon after.



**Baby Loss
Awareness Week**
9-15 October

A time for everyone in the baby loss community and beyond to come together, to remember our much-loved and missed babies, and raise awareness of pregnancy and baby loss.

Together, we:



**Remember
our babies**



**Raise awareness of
the support available**



**Drive change to improve
care and support, and save
more babies' lives**



#BLAW

Find out how to support the week
and join the global Wave of Light
babyloss-awareness.org



Refreshments are served after each of our Sunday morning services from the kitchen area at the front of Church. Please come and join us.



Next Week's Deadline

The deadline for the next edition of the Weekly News (16th October) will be noon on Wednesday 12th October. Please send any items (including photos) to Alan Garrow **or** to Marian Chambers (addresses below).



The flowers in Church today are in loving memory of Henry Pantin who died on 15th October 2017.

Key Contacts

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Join us for the global

Wave of Light

15 October, 7pm

Light a candle in memory of
all babies' lives gone too soon.
Join us 7pm local time.

Share your
#WaveOfLight pictures
babyloss-awareness.org/wave-of-light



Welcome to St Peter's Church

You can join us online or in person

New to St Peter's? Please fill in one of the welcome cards in the pews and hand it to one of the Clergy.