



Weekly News

8th February 2026

The Second Sunday before Lent

www.stpetersharrogate.org.uk

St Peter's Church, Cambridge Road, Harrogate, HG1 1PB

My Role as Parish Safeguarding Officer

It is a year since I took on the role of *Parish Safeguarding Officer* (PSO), reluctantly, it has to be said. I said yes, because the excellent work being done by the Clergy and volunteers at St Peter's is so valuable to the community and the people who need our support, that it must thrive and, if possible, expand its scope. The lack of a PSO could put that at risk.

My task is to find ways to make progress through the Diocesan training and procedures to enable the leaders of the various groups in Church to continue doing what they do so well, but within the rules and requirements of the Safeguarding Policy. This ensures that both participants and leaders are safe, but that the children still get opportunities to build confidence and resilience which will help to keep them safe in future.

I can't sing, lead worship or a prayer group, but instead of getting frustrated with the rules and regulations, I have come to see that doing the training, reading the endless paperwork, calmly and steadily, is my way to contribute to the worship and life of our Church. At the same time, I have the help of a great support team and contact with wonderful, inspiring people in Church, who are generally pleased to see me.

So, I am glad I said yes, but now we must consolidate Safeguarding within all the groups in the Church in line with the Safeguarding Action Plan, so that we can meet the Diocesan requirements, withstand external examination, be able to adapt to new requirements and make the PSO role attractive to anyone. I hope you will all join this effort whenever and however you can, as part of your contribution to the well-being of everyone in our Church family.



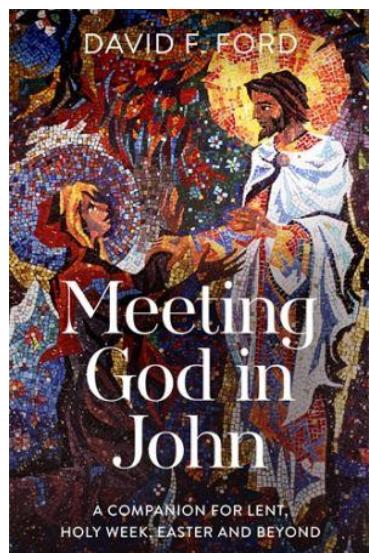
Wendy Lewis, *Parish Safeguarding Officer*

The Market Day Café is on Thursday

The *Market Day Café* is on the second Thursday of each month. The next one is this week on Thursday 12th February at 11:30 am after the Holy Communion service. They will be serving hot drinks, homemade soups, fresh sandwiches, scones and delicious cakes!



Meeting God in John - a Lent course for 2026



As part of our 'Year of John' this year's Lent group resource will be David Ford's *Meeting God in John*. Two six-week courses will be available - **Thursday mornings** in the Gallery at St Peter's (9:30 – 10:45 am) starting on 19th February; and **Sunday evenings online** (7:15 - 8:45 pm) starting on 22nd February. A video introduction to the book is [available online](#). To express interest in joining a group, please use the sign-up sheet on the Welcome Desk. For further information see Stewart Davies (stewart.davies@leeds.anglican.org) or Alan Garrow. Purchase of the book is recommended, but not essential.

Bakers needed for the next St Peter's Fundraising Refreshment Day

Please let Catherine Medforth (07876 653 765) or Siân Lockwood (07889 616 755) know if you are willing to bake a cake for our next fundraiser on Saturday 21st February. Food supplied, sold or provided at charity or community events, such as fundraisers, must comply with food laws. So that those with food intolerances or allergies can make safe choices we ask that cakes are brought in a clean container with a list of ingredients attached. Thank you.



The Imposition of the Ashes



On Ash Wednesday, Roman Catholic, Anglican and some other churches hold special services at which worshippers are marked on the forehead with a cross of ashes. This service draws on the ancient Biblical traditions of covering one's head with ashes, wearing sackcloth and fasting as signs of repentance. As the minister makes the sign of the cross on each person's forehead these words are said:

Remember you are dust and unto dust you shall return.

Turn away from sin and be faithful to Christ

Please come to the Communion Service with the Imposition of the Ashes at 11:00 am on Ash Wednesday, 18th February, here at St Peter's as the season of Lent begins.

A new member of the Clergy Team

We are glad to announce that The Revd Phyllis Sopp, has now received her Permission to Officiate in the Diocese of Leeds. This allows her to officiate at St Peter's services. Phyl, and her husband Dave, moved from Maidenhead to Harrogate in March last year. Phyl was ordained in September 2020 as a self-supporting minister having trained on the Oxford local ministry pathway. She carried out her ministry alongside her career as a nurse practitioner in a local GP practice. She retired last year after a 45-year nursing career prior to her move to Harrogate.



St Peter's Ladies who Lunch

The *Ladies who Lunch* are meeting again at 12:45 pm on Friday 20th February 2026 at the Nomad Café on Beulah Street, which caters for various dietary requirements. If you would like to join them for food and fellowship, then please contact Sue Heapy (07540 355 305 or brynsusie@hotmail.com), so she can book you a place at their table.

Lent Lectures: Issues of Faith at Ripon Cathedral

On Wednesdays at 2:30 – 4:00 pm in the Cathedral Quire and available as a recording afterwards. A weekly series of talks hosted by the Dean and Canons with a series of speakers helping us to reflect on issues of the day through the eyes of faith. Each talk will be followed by the opportunity for questions.

The first one is on Wednesday 25th February, when Bishop Arun Arora will speak on: *Of Flags and Faith: How to be a Positive Patriot*. Tickets cost £5 and are available from the Ripon Cathedral website <https://riponcathedral.org.uk>.

Lent Lectures
Issues of Faith

Wednesdays 2.30pm in the quire
or available as a recording afterwards

February 25
**Of Flags and Faith:
How to be a Positive Patriot**
Bishop Arun Arora

£5 each
Ticket holders also receive a link to a recording of the talk.

RIPON CATHEDRAL

The flowers in Church today are to celebrate the 90th birthday of **Enid Myers** on 13th February 2026. With love from all the family.

Today's Services: 8th February 2026

The Second Sunday before Lent

Sexagesima (BCP)

Racial Justice Sunday

8:30 Holy Communion

9:30 Family Communion

There is Sunday Club for school age children today - please gather in the café area at the front of Church at the start of the service. Pre-schoolers and their parents are welcome to stay in this area, where there are Activity Bags to share.

Hymns **1541** There is higher throne; **1575** Wait for the Lord; **1674** Your love; **1407** King of the ages

Readings Numbers 21 v 4 - 9

John 3 v 1 - 16

Preacher: Alan Garrow

Our Duty Wardens today are:

Mike Davies and
Rachel Fell

11:00 Choral Matins

Setting Moeran in E flat (Te Deum)

Hymns 6, 494, 398

Psalm 150

Readings Numbers 21 v 4 - 9

John 3 v 1 - 16

Anthem How lovely are the messengers (*Mendelssohn*)

Preacher: Alan Garrow

4:15 pm Stepping Stones Service Holy Communion

(arrivals and refreshments 3:45 pm)

Preacher: Louise Emery

6:30 Choral Evensong

Setting Harwood in A flat

Hymns 267, 385, 502 (omit *verse)

Psalm 148

Readings Proverbs 8 v 1 and v 22 - 31

Revelation 4

Anthem As the hart pants (*Mendelssohn*)

Preacher: Karin Shaw

Prayer Ministry at the 9:30 am service

At the 9:30 Service we offer prayer with members of our Prayer Ministry Team. If you would appreciate prayer for any reason, please come to St Mary's Chapel after you have received Communion and wait in the pews there. The team members will introduce themselves, ask for your prayer request and pray with you.

Please pray for those who have asked for our prayers:

Pat Anderson, Robert Bickford, Ann Campbell, Graham Cornish, Richard Couzens, Jane Crabtree, Tony Edwards, Margaret Farrar, Jenny Gardiner, Tim Harrison, June Hemmings, Jean Hopper, Trevor Hughes, Joan Kelly, Kim Okell, Sheila Pantin, Sue Pearce, Celia Preston, Richard Sadler, Michelle Simon and Sally Sneddon.

Also in our prayers this week:

Mon	Support and teaching staff in our schools The Toddler Group at St Peter's
Tues	Those feeling lost, lonely and isolated St Peter's Welcomers Team
Wed	Local hospitality businesses The Artizan Café
Thurs	The patients at Harrogate Hospital All Hospital Chaplaincy Teams
Fri	The safety and security of all MPs, their families and staff The Prime Minister, Keir Starmer
Sat	All who are sick in body, mind or spirit Addiction Support Agencies

Daily Bible Readings

Morning Prayer is at 8:00 am and is live streamed on Facebook – join in by following the links on our website. As part of our 'Year of John', the New Testament readings are from the Gospel of John. These are the readings we will be using this week:

Mon	Psalm 30 Genesis 29 v 31 – 30 v 24 John 2 v 13 - 23
Tues	Psalm 36 Genesis 31 v 1 - 24 John 3 v 1 - 10
Wed	Psalm 34 Genesis 31 v 25 – 32 v 2 John 3 v 11 - 15
Thurs	Psalm 37 Genesis 32 v 3 - 30 John 3 v 16 - 21
Fri	Psalm 31 Genesis 33 v 1 - 17 John 3 v 22 - 36
Sat	<i>Cyril and Methodius, Missionaries to the Slavs Valentine, Martyr of Rome, c 269</i> Psalm 42 Genesis 35 John 4 v 1 – 14

The Collect for The Second Sunday before Lent (Common Worship)

Almighty God, give us reverence for all creation and respect for every person, that we may mirror your likeness in Jesus Christ our Lord.

The Collect for Sexagesima (Book of Common Prayer)

O Lord God, who seest that we put not our trust in any thing that we do: Mercifully grant that by thy power we may be defended against all adversity; through Jesus Christ our Lord.

What's on This Week

St Peter's Church is open to visitors from 9:30 am – 3:30 pm every day except Sundays.

Helena Vyshevska is holding an exhibition of paintings by her Art Class in the Glass Foyer from 9th –15th February.

Mon 9 th	11:00 am – 1:00 pm <i>Sit-n-Knit</i> in Church 1:30 – 3:00 pm The <i>Thinking about God</i> group is meeting in the Undercroft 2:00 pm The U3A Singing Folk group
Tues 10 th	12:00 – 12:30 pm Healing Service
Wed 11 th	10:30 – 11:00 am Café RefleXions 2:00 – 3:30 pm Art Class for Adults with Helena 7:30 pm Harrogate Harmony Men's Chorus
Thurs 12 th	9:30 – 11:00 am The Toddler Group at St Peter's 9:30 – 10:45 am <i>Welcome to the Table</i> - group exploring baptism and confirmation - Session 5 11:00 am Holy Communion 11:30 am – 1:30 pm The Market Day Café 11:30 am – 12:30 pm Classical Pilates Class in the Brostoff Hall 6:00 – 7:15 pm <i>Welcome to the Table</i> - Session 5 7:30 pm St Peter's Choir Practice
Fri 13 th	9:30 am AA meeting in the Music Room 10:00 am – 12:00 pm St Peter's Cleaning Team 7:00 – 8:15 pm Bellringing Practice at St Peter's
Sat 14 th	St Valentine's Day 10:00 am – 3:30 pm <i>Rotary Adventurers</i> are holding a Refreshment Day to raise funds for aid to Ukraine
Sun 15 th	The Sunday next before Lent 7:30 – 8:30 pm AA meeting in the Brostoff Hall

Next Sunday 15th February 2026

The Sunday next before Lent

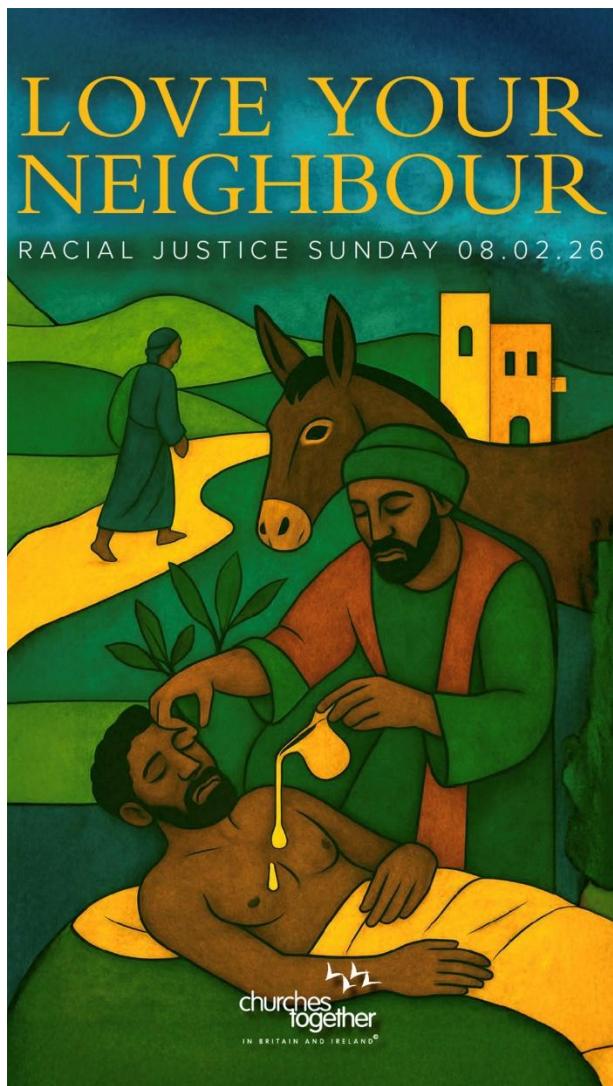
8:30	Holy Communion
9:30	Family Communion
11:00	Choral Matins
4:15	Stepping Stones Service – <i>Crafternoon Church</i>
6:30	Choral Communion

St Peter's Food Ministry:

The Breakfast Club provides a free, hot breakfast every morning from Monday to Saturday (8:15 – 8:45 am) for all those who are hungry or in need.

Our mini-supermarket is on Thursdays from 4:20 – 4:40 pm – an opportunity to stock up on tinned, preserved and dried food and toiletries.

Today is Racial Justice Sunday: ***Love your neighbour*** is the theme



Racial Justice Sunday has been observed since 1995, originally established in response to the racist murder of Stephen Lawrence. It represents a shared commitment across churches to confront racial injustice and work towards healing, equality, and transformed community life.

The 2026 theme, ***Love your neighbour***, calls us to embody Christ's love in practical and courageous ways. Loving our neighbour means affirming the full humanity of every person, challenging harmful structures, and building communities where all can flourish.

God of our past, present and future, as we pray for an end to suffering caused by racism, lead us this day to walk with one another, pray with one another and work together, so that we create a future based on justice and healing, where all can fulfil the hope you have for all peoples.

We ask this through Christ our Lord. Amen

St Peter's Food Ministry needs your help!

The *Thursday Supermarket* needs these items:

- breakfast cereals
- tins of soup
- tinned meat and fish
- sweet biscuits
- teabags and instant coffee
- microwave rice
- small tins of fruit and vegetables
- baked beans and spaghetti hoops



All donations gratefully received



Refreshments are served after each of our Sunday morning services from the kitchen area at the front of Church. Please come and join us.



Safe Spaces

is an **independent and confidential** support service for adults who have been abused by someone in the Church.

If you have been affected, however long ago, **Safe Spaces** can support you.

Call our **free helpline**

0300 303 1056

safespaces@firstlight.org.uk

www.safespacesenglandandwales.org.uk



The Next Deadline

The deadline for the next edition of the Weekly News (15th February) will be noon on Wednesday 11th February. Please send any items (including photos) to **The Weekly News Editor**, Marian Chambers, or to **the Vicar**, Alan Garrow.

Welcome to St Peter's Church

You can join us online or in person



New to St Peter's? Please fill in one of the welcome cards in the pews and hand it to one of the Clergy.

Key Contacts

Vicar:

The Revd Canon Alan Garrow,
St Peter's Vicarage,
13 Beech Grove,
Harrogate,
HG2 0ET.

tel: 07761 017 658
alan.garrow@gmail.com

Curates

The Revd Karin Shaw
karinmshaw@googlemail.com

The Revd Steve Gibbin
steve.gibbin@leeds.anglican.org

Lay Pastoral Minister:

Jan Edwards
stppastoralcareteam@gmail.com

Parish Administrator:

Carole Raw,
tel: 07425 161 425
stpeterschurchhgtoffice@gmail.com

Churchwardens:

Mike Davies
tel: 07740 173 951
mikej.mjd@gmail.com

Siân Lockwood OBE
tel: 07889 616 755
sian.lockwood54@gmail.com

Parish Safeguarding Officer:

Wendy Lewis
tel: 07564 806 738
wendylewis943@btinternet.com

The Weekly News Editor:

Marian Chambers
marian.chambers41@gmail.com