



Weekly News

6th August 2023

The Transfiguration of our Lord

www.stpetersharrogate.org.uk

St Peter's Church, Cambridge Road, Harrogate, HG1 1PB

Why all these Clergy?

Anyone seeing a picture of our current Clergy Team might be forgiven for wondering if their eyesight needs checking. How come we have five 'Vicars' for one church – when in most places it is more like one Vicar for five churches?



From left to right: our Curates, Karin Shaw and Steve Gibbin; our Vicar, Alan Garrow; our Associate Vicar, Chris Clayton; and Judith Clark, our Associate Priest.

The answer, like most things, is a complicated combination of factors – some of which are purely practical. For unique reasons we have been allowed to retain The Revd Chris Clayton, as Associate Vicar, for (up to) an additional three years beyond his curacy. The Revd Judith Clark, Associate Priest, received a licence to stay on beyond her curacy as a self-supporting minister while she looked for another post. We were delighted to announce, therefore, that Judith has been appointed as the next Vicar of Clitheroe, starting on 19th November – more details inside. The latest additions to the team are The Revd Karin Shaw and The Revd Steve Gibbin. Karin and Steve are just embarking on the practical phase of their ministry training and so will serve as Curates for the next few years. Our responsibility, during that period, is to support and encourage them as they gain new experience and explore the particularity of God's call in this place. In the meantime, let's enjoy this unusual opportunity to equip and support four clergy who will, in the near or more distant future, be moving on to serve in other situations – almost certainly with fewer clergy!

Alan Garrow, Vicar of St Peter's Church



Say it with Flowers

Why not mark a special occasion, such as an anniversary, a new baby or a birthday, by making a donation towards the flowers in Church? The St Peter's Flower Team will make an arrangement on the pedestal to the right of the altar, and you will also receive a mention in the Weekly News. Please speak to Sue Heapy for further details (07540 355 305).

Come to *The Market Day Café*

The *Market Day Café* is on the second Thursday of each month. The next one is on Thursday 10th August at 11:30 am after the Holy Communion service. They will be serving hot drinks, homemade soups, fresh sandwiches, scones and delicious cakes!



St Peter's Strollers step out again



After an enjoyable stroll in the Valley Gardens in July, we have decided to repeat the event on Tuesday 8th August and then again on Monday 21st August. This is an opportunity for gentle exercise and to meet and chat with friends old and new. We will meet at the entrance to the Valley Gardens at 10:30 am on 8th August and decide on a venue for our next walk then.

Mo Atkinson, *Churchwarden*

Grief is hard.
Death can impact
all of life.

The Bereavement
Journey
a place to talk

7 Sessions of films
and discussion
for anyone bereaved anytime

Topics include:

- Attachment, separation and loss
- The pain and responses of grief
- Anger and guilt
- Coping with others' reactions
- Delayed and suppressed grief
- Adjusting to change
- Moving forward healthily
- Faith questions (optional)

To find out more visit:
thebereavementjourney.org

Running soon:

St Mark's Church
Wed 13th Sept- 25th Oct
12.30pm - 3pm
Call: 01423 544528
Mob: 07732 785954

St Peter's Church
Mon 4th Sept - 16th Oct
6.30pm - 9pm
Call: 07425 161425

Harrogate U3A Photography Group

Photography Exhibition 2023

Mon. 14th - Sat. 19th August

St. Peter's Church, Cambridge Street,
Harrogate: OPEN 10am - 4pm



St Peter's Annual Animal Service is this afternoon!

Our annual Animal Service is at 4:15 pm today Sunday 6th August. If you are bringing an animal, it must be under control at all times – either on a lead or in a carrier – and stay with you at your table. Or, if you prefer, just bring a photo of your pet or a toy animal. Please speak to Chris Clayton if you need to know more (chris.clayton@leeds.anglican.org or 07407 258 733).



A new Vicar for the Benefice of Clitheroe, Chatburn and Downham



Our Associate Priest, the Revd Dr Judith Clark, has been appointed as the next Vicar of Clitheroe, Chatburn and Downham in Lancashire. There are four churches in the Benefice: St Mary Magdalene's in the market town of Clitheroe (*see picture below*); St Paul's, Low Moor, on the outskirts of the town; St Leonard's in the village of Downham at the foot of Pendle Hill; and Christ Church, Chatburn, a village on the banks of the Ribble.



A part-time Associate Minister takes responsibility for two of the churches. The Bishop of Blackburn will institute, and the Archdeacon of Blackburn will induct Judith on Sunday 19th November 2023 at 7:00 pm at St Mary's Church, Clitheroe. Everyone is invited to attend.

The Saturday Snack Bar

Hannah Beck and her team are providing a snack bar between 10:00 am and 2:00 pm on all four Saturdays in August to raise funds for *Artizan's Peru Café Appeal*.

Artizan purchased an old building in Arequipa, Peru, which has been refurbished to house the *Artizan* training centre, café and shop. The café space now needs to be equipped with all the cooking equipment, furniture, machinery, crockery and cutlery. So, come and enjoy a hot drink with either a slice of cake or a savoury treat for just £4 and raise money for this appeal. On 12th and 26th August there will also be a Book and Jigsaw Sale. If you'd like to offer your support as a baker or a server, please speak to Hannah Beck (07503 186 455). Thank you!

Today's Services: 6th August 2023

*The Transfiguration of our Lord
The Ninth Sunday after Trinity*

8:30 Holy Communion

9:30 Family Communion

Sunday Club is closed for the Summer, but all children and their parents are welcome to gather in the café area, where there are toys and activities to share during our Family Communion Service.

Hymns 1 Abba, Father; 27 As the deer; 330 Let us break bread together;
496 Shout for joy and sing

Reading Luke 6 v 46 - 49

Preacher: Susie Hart MBE, *Director of Artizan International*

11:00 Choral Communion

Setting Oldroyd (Mass of the Quiet Hour)

Hymns 325, 460, 516, 277

Readings Isaiah 58 v 9 - 12
Luke 6 v 46 - 49

Anthem Ave Maria (Lindley)

Preacher: Susie Hart MBE, *Director of Artizan International*

4:15 pm St Peter's Annual Animal Service

Preacher: Chris Clayton

6:30 Evening Prayer (said)

Readings Exodus 34 v 29 to end
2 Corinthians 3

Preacher: Alan Garrow

Our Duty Wardens today are:

Mo Atkinson
and Roy Taylor



The War Memorial Centenary

This year on 1st September 100 years will have passed since the unveiling of the War Memorial in Prospect Square. This centenary is to be marked by a major free exhibition in the West Park URC. Full details, including the very exciting supporting programme, can be found on our website:

<https://thecenotaphcentenary.info>

Now to how you can help. This project is the work of a huge team of volunteers supported and encouraged by many organisations across the town. But we can't do it without you. We need help with stewarding. The exhibition is designed to run every Friday, Saturday and Sunday between 1st September and Remembrance Sunday. If you think you or yours may be able to lend a hand, please email me at mccleas@yahoo.com and I shall be delighted to send you further details.

Nigel McClea

Please pray for those who have asked for our prayers:

Pat Anderson, Kate Edmundson, Tony Edwards, Louise Emrullahu, David Fisher, Vicky Harrison, June Hemmings, Trevor Hughes, Jackie Kelly, Derek Mansfield, Kim Okell, Sheila Pantin, Keith Robinson, Frances Roxby-Proud, Michelle Simon, Richard Skidmore and Edward Vear.

Also in our prayers this week:

Mon	St Aidan's CE High School Sanctuary , St Peter's Youth Group
Tues	All those providing care or help to a vulnerable person St Peter's Pastoral Support Team
Wed	Those delivering essential public services Carole Raw, Parish Administrator
Thurs	The NHS and other key workers All emergency service workers
Fri	Mo Atkinson, Churchwarden St Peter's Players
Sat	<i>Wellspring Therapy & Training</i> , supporting people in distress and promoting good mental health All those suffering from anxiety and depression

Daily Readings

Morning Prayer is at 8:00 am and Evening Prayer at 5:00 pm daily. Both services are livestreamed on Facebook and Zoom – join in by following the links on our website. These are the Bible readings we will be using each morning this week.

Mon	Psalm 44 Jeremiah 36 v 19 to end Mark 1 v 1 - 13
Tues	Psalm 48 Jeremiah 37 Mark 1 v 14 - 20
Wed	<i>Mary Sumner, founder of the Mothers' Union</i> Psalm 119 v 57 - 80 Jeremiah 38 v 1 - 13 Mark 1 v 21 - 28
Thurs	<i>Laurence, Deacon, Martyr</i> Psalm 57 Jeremiah 38 v 14 to end Mark 1 v 29 to end
Fri	Psalm 51 Jeremiah 39 Mark 2 v 1 - 12
Sat	Psalm 68 Jeremiah 40 Mark 2 v 13 - 22

The Collect for *The Transfiguration of our Lord*
(Common Worship)

Father in heaven, whose Son Jesus Christ was wonderfully transfigured before chosen witnesses upon the holy mountain, and spoke of the exodus he would accomplish at Jerusalem:
give us strength so to hear his voice and bear our cross that in the world to come we may see him as he is;
who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

The Collect for *The Ninth Sunday after Trinity* (Book of Common Prayer)

Grant to us, Lord, we beseech thee, the spirit to think and do always such things as be rightful; that we, who cannot do any thing that is good without thee, may by thee be enabled to live according to thy will; through Jesus Christ our Lord.

What's on This Week

St Peter's Church is open to visitors from 9:30 am – 3:30 pm every day except Sundays.

- Mon 7th** 1:30 – 3:00 pm The *Thinking about God* group meets in the Undercroft
2:00 pm The U3A Singing Folk group
- Tues 8th** 10:30 am *St Peter's Strollers* are meeting at the entrance to the Valley Gardens
12:00 – 12:30 pm Healing Service
- Wed 9th** **10:30 – 11:00 am Café RefleXions**
2:00 – 4:00 pm *Spectrum*, a social group for widows and widowers, meet in the Brostoff Hall
7:30 pm Harrogate Harmony Men's Chorus
- Thurs 10th** 9:30 – 11:00 am The Toddler Group at St Peter's
11:00 am Holy Communion
11:30 am - 1:30 pm the Market Day Café
7:00 – 8:30 pm The Gallery Home Group
- Fri 11th** 9:30 am AA meeting in the Music Room
10:00 am – 12:00 pm St Peter's Cleaning Team
- Sat 12th** 10:00 am – 2:00 pm *The Saturday Snack Bar* - Hannah Beck and her team will be serving light refreshments in Church. Books and jigsaws will also be on sale.
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- Sun 13th** ***The Tenth Sunday after Trinity***
1:00 – 1:30 pm Sunday Lunch
7:30 – 8:30 pm AA meeting in the Brostoff Hall

Next Sunday 13th August

The Tenth Sunday after Trinity

- 8:30 Holy Communion
9:30 Family Communion
11:00 Choral Matins
4:15 Stepping Stones Service
– *Holy Communion*
6:30 Choral Evensong

The Breakfast Club provides a free, hot breakfast from Monday to Saturday (8:15 – 8:45 am) for all those who are hungry or in need. A hot **Sunday lunch** is also served each week at 1:00 pm, except for the third Sunday of the month when it is *Sunday Lunch Club*. **Hot food** is available 4:30 – 4:50 pm on Mondays, Wednesdays and Fridays. **Our mini Supermarket** is on Thursdays 4:30 – 4:50 pm.

Wellspring Therapy & Training

Wellspring is a Christian charity working to restore hope, develop resilience and facilitate positive change in the lives of children, adults and young people.

Mental health charity *Mind*, recognise we are currently facing a mental health catastrophe in the UK. In February 2022 the *BBC* reported a 77% rise in the number of children and young people needing specialist mental health support.



We echo seeing those trends in our local community with demand for our psychological services increasing dramatically.

'Growing up in North Yorkshire 2022' gathered information from children and young people in the county, reporting that...

- 32% of 12 year olds feel lonely.
- 17% of 15 and 16 year olds have self-harmed and 20% have thought about taking their own life.
- 42% of pupils have regularly made themselves sick, dieted to an extreme degree or done an excessive amount of exercise in order to lose weight.

In 2022, thanks to your donations, we increased the number of weekly sessions we offer to children and adults by 22% to 150 sessions per week. We saw over 400 clients in-house, supported over 300 students and staff in two local high schools, and delivered high quality training courses to over 130 people. You can find out more by downloading [our new annual report](#).

Whilst we have grown, sadly the need for our services continues to grow quicker. Our children's and young people's waiting list is currently closed because we are at capacity. The cost-of-living crisis threatens many charities' support, including ours, making planning for the future challenging. As a charity we rely heavily on donations and are so grateful for the generous supporters we have. In 2022, the average amount we needed to fund was £30 per session. And we offered up to 150 sessions every week! Those costs have already increased this year and the gap we need to fund is increasing.... could you help to bridge the gap?

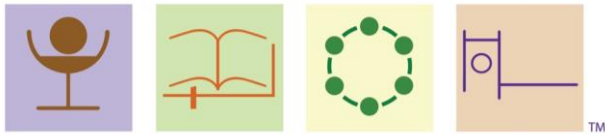
Would you consider becoming a Friend of Wellspring as a monthly giver so that we can continue our vital services in the future?

You can find more information about how to donate on the Wellspring website: <https://wellspringtherapy.co.uk/get-involved/donate/>.

Refreshments are served after each of our Sunday morning services from the kitchen area at the front of Church. Please come and join us.



Join the Parish Giving Scheme



PARISHGIVINGSCHEME

If you would like to support St Peter's financially, the simplest and most tax efficient way to do so is via the Parish Giving Scheme (PGS). You can join using their website www.parishgiving.org.uk or give them a call on 0333 002 1260. St Peter's PGS number is: **460646304**

Next Week's Deadline

The deadline for the next edition of the Weekly News (13th August) will be noon on Wednesday 9th August. Please send any items (including photos) to **The Weekly News Editor** Marian Chambers marian.chambers41@gmail.com

Welcome to St Peter's Church

*You can join us
online or in person*



New to St Peter's? Please fill in one of the welcome cards in the pews and hand it to one of the Clergy.

Key Contacts

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Associate Priest:

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Curates

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