



Weekly News

18th February 2024

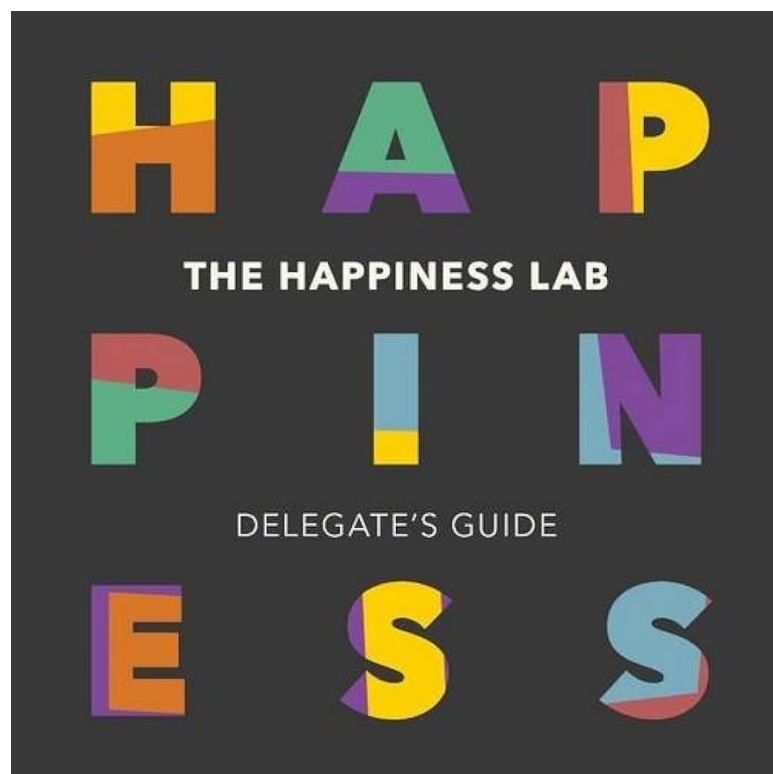
The First Sunday of Lent

www.stpetersharrogate.org.uk

St Peter's Church, Cambridge Road, Harrogate, HG1 1PB

Sign up for The Happiness Lab!

The Happiness Lab has been advertised for a few weeks now and some of you may be thinking what is The Happiness Lab? So here is a brief description of the course - first of all it is a six-week course that is designed to help us to explore and test how gratitude and savouring; practising acts of kindness; learning to forgive; investing in friends and family; taking care of your body and soul; and developing coping strategies could make us happier people.



These six sessions are designed to help us to live well, understand ourselves better, and to find a deep sense of joy. It gives us the space, and the time, to be nurtured and to look after our inner wellbeing. Helping us to be better equipped and to flourish as we navigate our way through life.

Throughout the sessions we also get to explore how God helps us with our happiness, and what does that look like?

If you haven't thought about what you are going to do over Lent, then maybe this course could be for you!

The sessions will be running for the next six **Thursdays 9:30 – 11:00 am in the Undercroft** starting this week on **22nd February until 28th March**.

If you would like to sign up or to know more then please do contact me via email: sam_clayton@live.co.uk

God Bless

Sam Clayton, *Facilitator of this Happiness Lab Course*



The Sunday Lunch Club meets today!

It is open to everyone and there's no need to book or bring anything – although donations towards the cost will be very welcome! Lunch today will be served at 1:00 pm. Please speak to Hannah Beck (07503 186 455) or Yvonne Dawes (07960 779 381) if you need to know more.

St Peter's Evening Fellowship are holding their AGM on 7th March

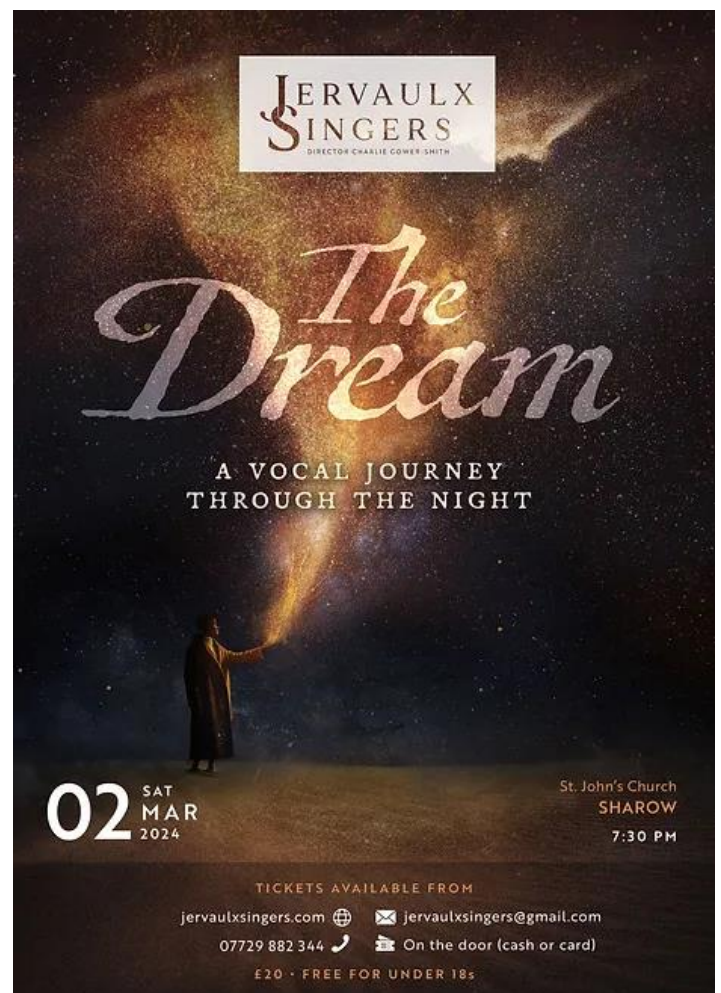
We will be holding our Annual General Meeting on Thursday 7th March at 7:30 pm in the Brostoff Hall, followed by a presentation 'Oman - The Jewel of Arabia' by Bryn and Sue Heapy. Members and guests are most welcome. Contact Richard Bion (07966 073 867 or richardbion9@gmail.com) for further details.

Fundraising Refreshment Day

There is a St Peter's Fundraising Refreshment Day to raise funds for our Church on Saturday 24th February from 10:00 am until 3:30 pm. They will be serving morning coffee, light lunches and afternoon teas. If you are in town on Saturday, please come and support this fundraising event in Church. Thank you!

St Peter's Ladies who Lunch

The **Ladies who Lunch** are meeting again on **Wednesday 28th February** at a town centre café catering for all dietary requirements. If you would like to join them for food and fellowship, then please contact Sue Heapy (07540 355 305 or brynsusie@hotmail.com) before 25th February, so she can book a table.



The second anniversary of the invasion of Ukraine



Archbishop Justin meeting some of Ukraine's first military chaplains. Picture from Lambeth Palace.

The Archbishop of Canterbury, Justin Welby, has just returned from a five-day visit to Ukraine as the country prepares to mark the second anniversary of the Russian full-scale invasion on 24th February. Speaking in Ukraine, where he has been visiting churches, politicians and charities, he says, "I have come here to stand with our Ukrainian sisters and brothers; to

pray with and for them, to learn from them and to say loud and clear that, amid all that is going on in other places, the world will not forget Ukraine."

The Archbishop has also been learning about the long-term effects of the trauma of war, visiting a rehabilitation centre for combatants and meeting some of Ukraine's military chaplains. To find out more visit <https://www.archbishopofcanterbury.org/>

A Prayer for Ukraine

God of peace and justice, we pray for the people of Ukraine today.

We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that your Spirit of comfort would draw near to them.

We pray for those with power over war or peace, for wisdom, discernment and compassion to guide their decisions.

Above all, we pray for all your precious children, at risk and in fear, that you would hold and protect them.

We pray in the name of Jesus, the Prince of Peace. Amen

A New Planned Giving Campaign

This May we will be running a Stewardship Campaign with the aim of encouraging members of St Peter's to review their planned giving or to join the planned giving scheme for the first time. If you have finance or communications experience that you think could be relevant, and if you would be happy to join a team to work on this together, please contact Alan Garrow at alan.garrow@gmail.com. Thank you.

Enjoy a Pie and Pea Supper and support Christian Aid!

Our Christian Aid Team are planning a *Pie and Pea Supper* at St Peter's on Saturday 9th March at 6:30 pm. This is, not only an opportunity to raise funds for the marvellous work *Christian Aid* does, but also an opportunity to meet and enjoy an evening together. We warmly invite everyone to join us. The cost will be £5, and we will be selling tickets at the end of each service over the next three Sundays. If you need further information or would like a ticket phone Judith Simpson on 01423 564 842.



Today's Services: 18th February 2024

The First Sunday of Lent

8:30 Holy Communion

9:30 Family Communion

*As it is half-term, there is **no** Sunday Club for school age children today, but all children and their parents are welcome to gather in the café area, where there are toys and activities to share during our Family Communion Service.*

Hymns **859** I will worship with all of my heart; **935** My Jesus, my Saviour; **762** Here is bread; **879** Let all the world

Readings 1 Peter 3 v 18 to end
Mark 1 v 9 - 15

Preacher: Catharine Davies

Our Duty Wardens today are:

Sîan Lockwood
and Richard Bion

11:00 Choral Matins

Setting Dyson in F (Benedicite)

Hymns 95, 97, 598

Psalm 77

Readings Genesis 9 v 8 - 17
Mark 1 v 9 - 15

Anthem Wash me thoroughly (S S Wesley)

Preacher: Catharine Davies

4:15 pm Stepping Stones Service *Crafternoon Church*

Preacher: Ruth Thompson-Vear

6:30 Choral Communion by candlelight

Setting Darke in F

Hymns 533, 583, 541 (omit *verse), 538

Readings Genesis 2 v 15 – 17 and 3 v1 - 7
Luke 13 v 31 to end

Anthem Tantum ergo (*de Séverac*)

Preacher: Tony Shepherd



Prayer Ministry at the 9:30 am service

At the 9:30 Service we offer prayer with members of our Prayer Ministry Team. If you would appreciate prayer for any reason, please come to St Mary's Chapel after you have received Communion and wait in the pews there. The team members will introduce themselves, ask for your prayer request and pray with you.

Please pray for those who have asked for our prayers:

Pat Anderson, Beverley Cooper, Graham Cornish, Jane Crabtree, Peter Dickinson, Tony Edwards, Louise Emrullahu, June Hemmings, Trevor Hughes, Jackie Kelly, Jane Lishman, Rachel Looby, Derek Mansfield, Steve Martin, Kim Okell, Sheila Pantin, Matthew Pindell, Richard Sadler and Michelle Simon.

Also in our prayers this week:

Mon	Those who live in danger of violence and persecution <i>Amnesty International</i> , standing up for human rights
Tues	Victims of domestic abuse Harrogate Women's Refuge
Wed	Sarah Martin, Lay Reader All our Duty Wardens
Thurs	The 10 th Harrogate St Peter's Rainbows and Brownies Kate Blake, Safeguarding Officer
Fri	Hannah Beck, Lay Reader Café RefleXions
Sat	The people of Ukraine on the second anniversary of the invasion of their country Helen Camm, Deanery Synod Secretary

Daily Readings

Morning Prayer is at 8:00 am and Evening Prayer at 5:00 pm daily. Both services are livestreamed on Facebook and Zoom – join in by following the links on our website. These are the Bible readings we will be using each morning this week.

Mon	Psalm 11 Genesis 41 v 25 - 45 Galatians 3 v 23 – 4 v 7
Tues	Psalm 48 Genesis 41 v 46 – 42 v 5 Galatians 4 v 8 - 20
Wed	Psalm 6 Genesis 42 v 6 - 17 Galatians 4 v 21 – 5 v 1
Thurs	Psalm 42 Genesis 42 v 18 - 28 Galatians 5 v 2 - 15
Fri	<i>Polycarp, Bishop of Smyrna, Martyr, c.155</i> Psalm 51 Genesis 42 v 29 to end Galatians 5 v 16 to end
Sat	Psalm 63 Genesis 43 v 1 - 15 Galatians 6

The Collect for the First Sunday of Lent (Common Worship)

Heavenly Father, your Son battled with the powers of darkness, and grew closer to you in the desert:
help us to use these days to grow in wisdom and prayer that we may witness to your saving love in Jesus Christ our Lord.

The Collect for the First Sunday in Lent (Book of Common Prayer)

O Lord, who for our sake didst fast forty days and forty nights: Give us grace to use such abstinence, that, our flesh being subdued to the Spirit, we may ever obey thy godly motions in righteousness and true holiness, to thy honour and glory, who livest and reignest with the Father and the Holy Ghost, one God, world without end.

What's on This Week

St Peter's Church is open to visitors from 9:30 am – 3:30 pm every day except Sundays.

Mon 19th	11:00 am – 1:00 pm <i>Sit-n-Knit</i> in Church 1:30 – 3:00 pm The <i>Thinking about God</i> group in the Undercroft 2:00 pm The U3A Singing Folk group 6:30 – 9:00 pm The Bereavement Journey Course – Session 2
Tues 20th	12:00 – 12:30 pm Healing Service 1:30 – 3:00 pm <i>Digital Drop-in</i> with Alyson in Church
Wed 21st	10:30 – 11:00 am Café Reflexions 1:30 – 3:00 pm Harrogate Wellbeing Choir 7:30 pm Harrogate Harmony Men's Chorus
Thurs 22nd	9:30 – 11:00 am The Toddler Group at St Peter's 9:30 – 11:00 am HAPPINESS LAB in the Undercroft 1: <i>Gratitude and savouring</i> 11:00 am Holy Communion 7:30 pm St Peter's Choir Practice
Fri 23rd	9:30 am AA meeting in the Music Room 10:00 am – 12:00 pm St Peter's Cleaning Team 10:30 am – 12:45 pm <i>Café Connect</i> meets in the Brostoff Hall 7:00 – 8:15 pm Bellringing Practice at St Peter's
Sat 24th	10:00 am – 3:30pm St Peter's Fundraising Refreshment Day, <i>serving morning coffee, light lunches and afternoon teas!</i>
Sun 25th	<i>The Second Sunday of Lent</i> 1:00 – 1:30 pm Sunday Lunch 7:30 – 8:30 pm AA meeting in the Brostoff Hall 5:30 – 7:00 pm <i>Sanctuary</i> , our youth group are meeting in the Brostoff Hall for a social night

Next Sunday 25th February

The Second Sunday of Lent

8:30	Holy Communion
9:30	Family Communion
11:00	Choral Matins
4:15	Stepping Stones Service – <i>Service of the Word</i>
6:30	Choral Evensong by candlelight

The Breakfast Club provides a free, hot breakfast from Monday to Saturday (8:15 – 8:45 am) for all those who are hungry or in need. A hot **Sunday lunch** is also served each week at 1:00 pm, except for the third Sunday of the month when it is *Sunday Lunch Club*. **Hot food** is available 4:30 – 4:50 pm on Mondays, Wednesdays and Fridays. **Our mini Supermarket** is on Thursdays 4:30 – 4:50 pm.

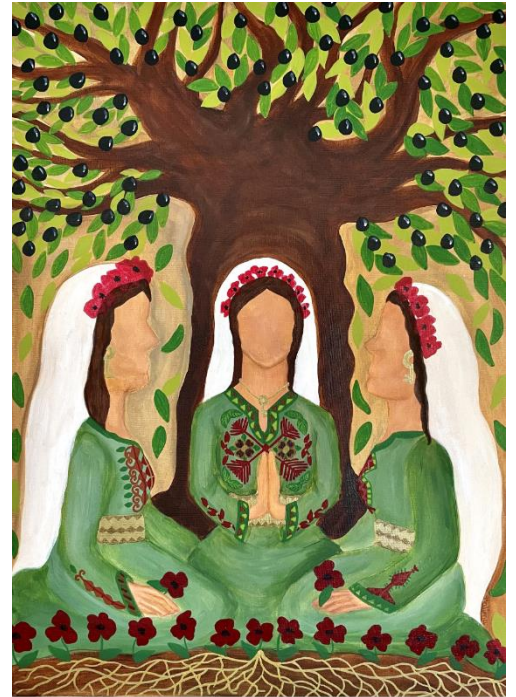
World Day of Prayer: the first Friday in March

A global ecumenical movement of informed prayer and prayerful action

World Day of Prayer is a world-wide movement led by Christian women of many traditions who call us together to observe a common day of prayer each year.

An ecumenical group of Palestinian Christian women have worked together to respond to the invitation to write the 2024 programme. Their theme is '*I beg you... bear with one another in love*' based on Ephesians 4 v 1 - 7. The reading calls us to bear with each other in love, despite all difficulties.

The worship service shares the stories of three Palestinian Christian women, who witness to the power of bearing together in love. Their stories illuminate the experiences of Palestinian women from three different generations. The symbol of an olive tree is used throughout the worship service. This represents the three generations through the trunk, branches, and leaves of the olive tree.



The artist, Halima Aziz (*on the left*), created the art work above. It shows three Palestinian women in traditional dress praying together under an olive tree – a symbol of everlasting and abundant life because they can live for thousands of years.

The Palestinian women who wrote this year's worship service have invited the world to pray for peace, justice and freedom of religion and freedom of movement. Finally, they call us, the global church, to be united in treating all with justice.

You can join in a World Day of Prayer worship service at St Mark's Church, Leeds Road, on Friday 1st March at 2:00 pm. All are very welcome!

Confirmation

Confirmation Classes start at St Peter's on 25th April on Thursdays from 6:00 – 7:15 pm.

The Bishop of Ripon will be confirming candidates on Thursday 13th June at 6:30 pm.
Contact The Revd Chris Clayton
(07407 258 733 or chris.clayton@leeds.anglican.org)

Artist seeks studio

Do you have a warm spare room that you are not using? Somewhere you don't mind getting a little bit mucky?! Would you be interested in lending it to an artist?

Shaeron Caton Rose is looking for somewhere to draw, paint and think ideally within walking distance of town. She can pay £20 per month towards electricity and bills if helpful. She will bring plastic sheeting to protect as much as possible!

Email her on Shaeron@mac.com

Refreshments
are served after
each of our
Sunday morning
services from the
kitchen area at the front of Church.
Please come and join us.



Banns of Marriage



*The banns of marriage are published
between **Jordan Mark Simpson** and
Charley Jane Senior.*

*This is for the third time of asking.
If any of you know any reason in law
why they may not marry each other
you are to declare it.*

Next Week's Deadline

The deadline for the next edition of
the Weekly News (25th February) will
be noon on Wednesday 21st
February. Please send any items
(including photos) to Carole Raw at
The Parish Office, or to the **Vicar**,
Alan Garrow.



New to St Peter's? Please fill in one
of the welcome cards in the pews
and hand it to one of the Clergy.

Key Contacts

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