



# Weekly News

18<sup>th</sup> February 2024

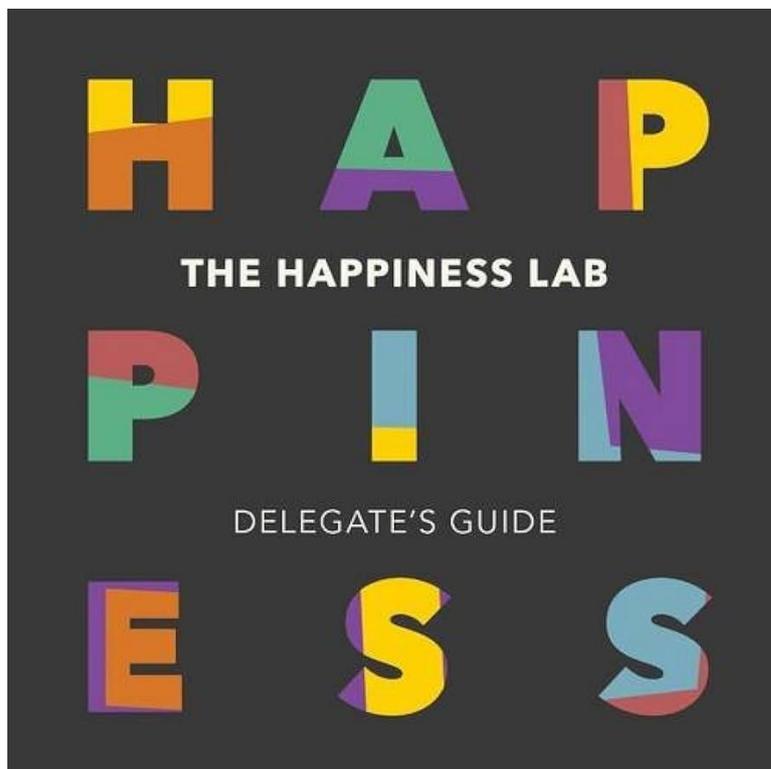
*The First Sunday of Lent*

[www.stpetersharrogate.org.uk](http://www.stpetersharrogate.org.uk)

St Peter's Church, Cambridge Road, Harrogate, HG1 1PB

## Sign up for The Happiness Lab!

The Happiness Lab has been advertised for a few weeks now and some of you may be thinking what is The Happiness Lab? So here is a brief description of the course - first of all it is a six-week course that is designed to help us to explore and test how gratitude and savouring; practising acts of kindness; learning to forgive; investing in friends and family; taking care of your body and soul; and developing coping strategies could make us happier people.



These six sessions are designed to help us to live well, understand ourselves better, and to find a deep sense of joy. It gives us the space, and the time, to be nurtured and to look after our inner wellbeing. Helping us to be better equipped and to flourish as we navigate our way through life.

Throughout the sessions we also get to explore how God helps us with our happiness, and what does that look like?

If you haven't thought about what you are going to do over Lent, then maybe this course could be for you!

The sessions will be running for the next six **Thursdays 9:30 – 11:00 am in the Undercroft** starting this week on **22<sup>nd</sup> February until 28<sup>th</sup> March**.

If you would like to sign up or to know more then please do contact me via email: [sam\\_clayton@live.co.uk](mailto:sam_clayton@live.co.uk)

God Bless

Sam Clayton, *Facilitator of this Happiness Lab Course*



## The Sunday Lunch Club meets today!

It is open to everyone and there's no need to book or bring anything – although donations towards the cost will be very welcome! Lunch today will be served at 1:00 pm. Please speak to Hannah Beck (07503 186 455) or Yvonne Dawes (07960 779 381) if you need to know more.

## St Peter's Evening Fellowship are holding their AGM on 7<sup>th</sup> March

We will be holding our Annual General Meeting on Thursday 7<sup>th</sup> March at 7:30 pm in the Brostoff Hall, followed by a presentation 'Oman - The Jewel of Arabia' by Bryn and Sue Heapy. Members and guests are most welcome. Contact Richard Bion (07966 073 867 or [richardbion9@gmail.com](mailto:richardbion9@gmail.com)) for further details.

## Fundraising Refreshment Day

There is a St Peter's Fundraising Refreshment Day to raise funds for our Church on Saturday 24<sup>th</sup> February from 10:00 am until 3:30 pm. They will be serving morning coffee, light lunches and afternoon teas. If you are in town on Saturday, please come and support this fundraising event in Church. Thank you!

## St Peter's Ladies who Lunch

The *Ladies who Lunch* are meeting again on **Wednesday 28<sup>th</sup> February** at a town centre café catering for all dietary requirements. If you would like to join them for food and fellowship, then please contact Sue Heapy (07540 355 305 or [brynsusie@hotmail.com](mailto:brynsusie@hotmail.com)) before 25<sup>th</sup> February, so she can book a table.



St Peter's Ladies who Lunch

 International Women's Day

March 8

**Inspire  
Inclusion**

[www.internationalwomensday.com](http://www.internationalwomensday.com)

JERVAULX SINGERS  
DIRECTOR CHARLIE GOWER SMITH

*The Dream*

A VOCAL JOURNEY  
THROUGH THE NIGHT

02 SAT MAR 2024

St. John's Church  
SHAROW  
7:30 PM

TICKETS AVAILABLE FROM

[jervaulxsingers.com](http://jervaulxsingers.com)  [jervaulxsingers@gmail.com](mailto:jervaulxsingers@gmail.com)  
07729 882 344  On the door (cash or card)

£20 · FREE FOR UNDER 18s

## The second anniversary of the invasion of Ukraine



*Archbishop Justin meeting some of Ukraine's first military chaplains. Picture from Lambeth Palace.*

The Archbishop of Canterbury, Justin Welby, has just returned from a five-day visit to Ukraine as the country prepares to mark the second anniversary of the Russian full-scale invasion on 24<sup>th</sup> February. Speaking in Ukraine, where he has been visiting churches, politicians and charities, he says, "I have come here to stand with our Ukrainian sisters and brothers; to

pray with and for them, to learn from them and to say loud and clear that, amid all that is going on in other places, the world will not forget Ukraine."

The Archbishop has also been learning about the long-term effects of the trauma of war, visiting a rehabilitation centre for combatants and meeting some of Ukraine's military chaplains. To find out more visit <https://www.archbishopofcanterbury.org/>

### **A Prayer for Ukraine**

*God of peace and justice, we pray for the people of Ukraine today.*

*We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that your Spirit of comfort would draw near to them.*

*We pray for those with power over war or peace, for wisdom, discernment and compassion to guide their decisions.*

*Above all, we pray for all your precious children, at risk and in fear, that you would hold and protect them.*

*We pray in the name of Jesus, the Prince of Peace. Amen*

### **A New Planned Giving Campaign**

This May we will be running a Stewardship Campaign with the aim of encouraging members of St Peter's to review their planned giving or to join the planned giving scheme for the first time. If you have finance or communications experience that you think could be relevant, and if you would be happy to join a team to work on this together, please contact Alan Garrow at [alan.garrow@gmail.com](mailto:alan.garrow@gmail.com). Thank you.

### **Enjoy a Pie and Pea Supper and support Christian Aid!**

Our *Christian Aid* Team are planning a *Pie and Pea Supper* at St Peter's on Saturday 9<sup>th</sup> March at 6:30 pm. This is, not only an opportunity to raise funds for the marvellous work *Christian Aid* does, but also an opportunity to meet and enjoy an evening together. We warmly invite everyone to join us. The cost will be £5, and we will be selling tickets at the end of each service over the next three Sundays. If you need further information or would like a ticket phone Judith Simpson on 01423 564 842.



# Today's Services: 18<sup>th</sup> February 2024

## *The First Sunday of Lent*

**8:30 Holy Communion**

**9:30 Family Communion**

*As it is half-term, there is **no** Sunday Club for school age children today, but all children and their parents are welcome to gather in the café area, where there are toys and activities to share during our Family Communion Service.*

**Hymns**                **859** I will worship with all of my heart; **935** My Jesus, my Saviour; **762** Here is bread; **879** Let all the world

**Readings**            1 Peter 3 v 18 to end  
Mark 1 v 9 - 15

**Preacher:**            Catharine Davies

**Our Duty Wardens today are:**

Sîan Lockwood  
and Richard Bion

**11:00 Choral Matins**

**Setting**                Dyson in F (Benedicite)

**Hymns**                95, 97, 598

**Psalm**                 77

**Readings**            Genesis 9 v 8 - 17  
Mark 1 v 9 - 15

**Anthem**                Wash me thoroughly (S S Wesley)

**Preacher:**            Catharine Davies

**4:15 pm Stepping Stones Service**    *Crafternoon Church*

**Preacher:**            Ruth Thompson-Vear

**6:30 Choral Communion by candlelight**

**Setting**                Darke in F

**Hymns**                533, 583, 541 (omit \*verse), 538

**Readings**            Genesis 2 v 15 – 17 and 3 v1 - 7  
Luke 13 v 31 to end

**Anthem**                Tantum ergo (*de Séverac*)

**Preacher:**            Tony Shepherd



## **Prayer Ministry at the 9:30 am service**

At the 9:30 Service we offer prayer with members of our Prayer Ministry Team. If you would appreciate prayer for any reason, please come to St Mary's Chapel after you have received Communion and wait in the pews there. The team members will introduce themselves, ask for your prayer request and pray with you.

**Please pray for those who have asked for our prayers:**

Pat Anderson, Beverley Cooper, Graham Cornish, Jane Crabtree, Peter Dickinson, Tony Edwards, Louise Emrullahu, June Hemmings, Trevor Hughes, Jackie Kelly, Jane Lishman, Rachel Looby, Derek Mansfield, Steve Martin, Kim Okell, Sheila Pantin, Matthew Pindell, Richard Sadler and Michelle Simon.

**Also in our prayers this week:**

- Mon** Those who live in danger of violence and persecution  
*Amnesty International*, standing up for human rights
- Tues** Victims of domestic abuse  
Harrogate Women's Refuge
- Wed** Sarah Martin, Lay Reader  
All our Duty Wardens
- Thurs** The 10<sup>th</sup> Harrogate St Peter's  
Rainbows and Brownies  
Kate Blake, Safeguarding Officer
- Fri** Hannah Beck, Lay Reader  
Café RefleXions
- Sat** The people of Ukraine on the second anniversary of the invasion of their country  
Helen Camm, Deanery Synod Secretary

**Daily Readings**

*Morning Prayer is at 8:00 am and Evening Prayer at 5:00 pm daily. Both services are livestreamed on Facebook and Zoom – join in by following the links on our website. These are the Bible readings we will be using each morning this week.*

- Mon** Psalm 11  
Genesis 41 v 25 - 45  
Galatians 3 v 23 – 4 v 7
- Tues** Psalm 48  
Genesis 41 v 46 – 42 v 5  
Galatians 4 v 8 - 20
- Wed** Psalm 6  
Genesis 42 v 6 - 17  
Galatians 4 v 21 – 5 v 1
- Thurs** Psalm 42  
Genesis 42 v 18 - 28  
Galatians 5 v 2 - 15
- Fri** *Polycarp, Bishop of Smyrna, Martyr, c.155*  
Psalm 51  
Genesis 42 v 29 to end  
Galatians 5 v 16 to end
- Sat** Psalm 63  
Genesis 43 v 1 - 15  
Galatians 6

**The Collect for the First Sunday of Lent (Common Worship)**

Heavenly Father, your Son battled with the powers of darkness, and grew closer to you in the desert:

help us to use these days to grow in wisdom and prayer that we may witness to your saving love in Jesus Christ our Lord.

**The Collect for the First Sunday in Lent (Book of Common Prayer)**

O Lord, who for our sake didst fast forty days and forty nights: Give us grace to use such abstinence, that, our flesh being subdued to the Spirit, we may ever obey thy godly motions in righteousness and true holiness, to thy honour and glory, who livest and reignest with the Father and the Holy Ghost, one God, world without end.

# What's on This Week

*St Peter's Church is open to visitors from 9:30 am – 3:30 pm every day except Sundays.*

- Mon 19<sup>th</sup>** 11:00 am – 1:00 pm *Sit-n-Knit* in Church  
1:30 – 3:00 pm The *Thinking about God* group in the Undercroft  
2:00 pm The U3A Singing Folk group  
6:30 – 9:00 pm The Bereavement Journey Course – Session 2
- Tues 20<sup>th</sup>** **12:00 – 12:30 pm Healing Service**  
1:30 – 3:00 pm *Digital Drop-in* with Alyson in Church
- Wed 21<sup>st</sup>** **10:30 – 11:00 am Café RefleXions**  
1:30 – 3:00 pm Harrogate Wellbeing Choir  
7:30 pm Harrogate Harmony Men's Chorus
- Thurs 22<sup>nd</sup>** 9:30 – 11:00 am The Toddler Group at St Peter's  
9:30 – 11:00 am HAPPINESS LAB in the Undercroft 1: *Gratitude and savouring*  
**11:00 am Holy Communion**  
7:30 pm St Peter's Choir Practice
- Fri 23<sup>rd</sup>** 9:30 am AA meeting in the Music Room  
10:00 am – 12:00 pm St Peter's Cleaning Team  
10:30 am – 12:45 pm *Café Connect* meets in the Brostoff Hall  
7:00 – 8:15 pm Bellringing Practice at St Peter's
- Sat 24<sup>th</sup>** 10:00 am – 3:30pm St Peter's Fundraising Refreshment Day, *serving morning coffee, light lunches and afternoon teas!*
- Sun 25<sup>th</sup>** ***The Second Sunday of Lent***  
1:00 – 1:30 pm Sunday Lunch  
7:30 – 8:30 pm AA meeting in the Brostoff Hall  
5:30 – 7:00 pm *Sanctuary*, our youth group are meeting in the Brostoff Hall for a social night

## Next Sunday 25<sup>th</sup> February

### ***The Second Sunday of Lent***

- 8:30 Holy Communion  
9:30 Family Communion  
11:00 Choral Matins  
4:15 Stepping Stones Service  
– *Service of the Word*  
6:30 Choral Evensong by candlelight

**The Breakfast Club** provides a free, hot breakfast from Monday to Saturday (8:15 – 8:45 am) for all those who are hungry or in need. A hot **Sunday lunch** is also served each week at 1:00 pm, except for the third Sunday of the month when it is *Sunday Lunch Club*. **Hot food** is available 4:30 – 4:50 pm on Mondays, Wednesdays and Fridays. **Our mini Supermarket** is on Thursdays 4:30 – 4:50 pm.

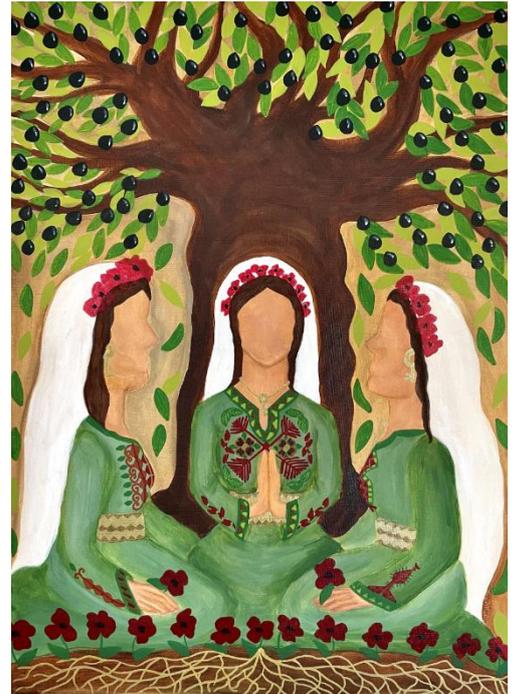
## **World Day of Prayer: the first Friday in March**

### **A global ecumenical movement of informed prayer and prayerful action**

*World Day of Prayer* is a world-wide movement led by Christian women of many traditions who call us together to observe a common day of prayer each year.

An ecumenical group of Palestinian Christian women have worked together to respond to the invitation to write the 2024 programme. Their theme is '*I beg you... bear with one another in love*' based on Ephesians 4 v 1 - 7. The reading calls us to bear with each other in love, despite all difficulties.

The worship service shares the stories of three Palestinian Christian women, who witness to the power of bearing together in love. Their stories illuminate the experiences of Palestinian women from three different generations. The symbol of an olive tree is used throughout the worship service. This represents the three generations through the trunk, branches, and leaves of the olive tree.



The artist, Halima Aziz (*on the left*), created the art work above. It shows three Palestinian women in traditional dress praying together under an olive tree – a symbol of everlasting and abundant life because they can live for thousands of years.

The Palestinian women who wrote this year's worship service have invited the world to pray for peace, justice and freedom of religion and freedom of movement. Finally, they call us, the global church, to be united in treating all with justice.

***You can join in a World Day of Prayer worship service at St Mark's Church, Leeds Road, on Friday 1<sup>st</sup> March at 2:00 pm. All are very welcome!***

## **Confirmation**

Confirmation Classes start at St Peter's on 25<sup>th</sup> April on Thursdays from 6:00 – 7:15 pm.

The Bishop of Ripon will be confirming candidates on Thursday 13<sup>th</sup> June at 6:30 pm. Contact The Revd Chris Clayton (07407 258 733 or

[chris.clayton@leeds.anglican.org](mailto:chris.clayton@leeds.anglican.org))

### **Artist seeks studio**

Do you have a warm spare room that you are not using? Somewhere you don't mind getting a little bit mucky?! Would you be interested in lending it to an artist?

Shaeron Caton Rose is looking for somewhere to draw, paint and think ideally within walking distance of town. She can pay £20 per month towards electricity and bills if helpful. She will bring plastic sheeting to protect as much as possible!

Email her on [Shaeron@mac.com](mailto:Shaeron@mac.com)

Refreshments are served after each of our Sunday morning services from the kitchen area at the front of Church. Please come and join us.



## Banns of Marriage



The banns of marriage are published between **Jordan Mark Simpson** and **Charley Jane Senior**.

*This is for the third time of asking. If any of you know any reason in law why they may not marry each other you are to declare it.*

## Next Week's Deadline

The deadline for the next edition of the Weekly News (25<sup>th</sup> February) will be noon on Wednesday 21<sup>st</sup> February. Please send any items (including photos) to Carole Raw at **The Parish Office**, or to the **Vicar**, Alan Garrow.



**New to St Peter's?** Please fill in one of the welcome cards in the pews and hand it to one of the Clergy.

## Key Contacts

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